

Rehabaid Workshop

Understanding Food & Nutrition Labels and How Nutrition Affects Our Health

Date: 3 March 2010 (Wednesday)

Time: 9:00 am to 5:00 pm

Venue: Conference Room, Rehabaid Centre

G/F Core S, The Hong Kong Polytechnic University, Hunghom, Kowloon

Speaker:

Prof. Peter C.K. Cheung

- ✦ Director of Studies, Food and Nutritional Sciences Programme, CUHK
- ✦ Member of the Expert Committee on Food Safety of the HKSAR Government
- ✦ Research and teaching in: food chemistry and analysis; food technology and safety

Ms Peggy P.S. Yip

- ✦ Registered Dietitian from USA
- ✦ Master degree in public health
- ✦ Emphasis on community nutrition and public health nutrition
- ✦ Was a clinical dietitian in USA
- ✦ Currently teaching nutrition courses at FNS in CUHK

Objectives:

Participants will be able to understand:

- * The chemical components of food
- * Food composition and labeling laws in HK
- * Interpretation of food and nutrition labels
- * Understanding nutrition
- * Nutrition throughout life cycle
- * Nutrition and diseases

Target Participants:

Health Care Professionals

Language: English and Cantonese

Fee: \$400 HA Staff & Rehabaid Society Subscribers
\$500 Non-HA Staff

Deadline for Application: 17 February 2010

Interested individuals should fill in the application form enclosed and, together with cheque payment, return to Rehabaid Centre, G/F., Core S, Yuk Choi Road, The Hong Kong Polytechnic University, Hunghom, Kowloon. For more information, please contact Ms Jocelyn Au on 2364 2345.

CPD (OT) Pending
CPD (PT) Pending
CNE Pending
CME (Non-specialists) Pending
CME (Specialists) Pending